

## Day 1 Sunday 6th May 2018 @ 11am

250H Girls U 15 & U 16 (2'3")  
250H Boys U 15 & U 16 (2'6")  
300H Girls & Boys U 17 (2'6")  
300H Girls U 18 & 19  
300H Boys U 18 & 19  
80m Girls & Boys U8, 9, 10, 11  
200m Girls U 12 - U 17  
200m Girls U 18/19  
80m Boys U 12 - U 14  
100m Boys U 15 - U 17  
100m Boys U 18/19  
200m Girls Final  
200mts Girls & Boys U 8  
300m Girls & Boys U 9 & U 10  
500m Girls & Boys U 11  
500m Boys U 12, 13, 14  
800m Girls U 12 - U17 & U18/19  
Walks Girls U 16, U 17 & U18/19  
Walks Boys U 15 -U 17 & U18/19  
400m Boys U 15 -U17 & U18/19

### Relays

4 x 100m Boys & Girls U 11, 13, 15, 17 & 19

1500mts Sen & Jun Men & Women  
1500mts Men O35/50, Women O30

### **Juvenile U 18 & U19 will compete as one competition**

**Juveniles are confined to their own age group except in relays where they can move up one age group**

**U13 may compete in U/14 walks at county championships only**

**Junior athlete is U 17, 18, 19, & 20**

**All Junior athletes can compete in senior events**

**All Junior, Senior & Master athletes must declare which category they wish to compete in before the start of any competition**

## Day 2 Sunday 13th May 2018 @ 11am

60m Girls & Boys U 8 & U9  
60m Girls & Boys U 10 & U 11  
200m Boys U 12 - U 17  
200m Boys U 18/19  
80m Girls U 15 - U 14  
100m Girls U 15 - U 17  
100m Girls U 18/19  
200m Boys Final  
200m Girls & Boys U 8 & U 9  
300m Girls & Boys U 10 & U 11  
500m Girls U 12, 13 & 14  
800m Boys U 12 - U17 & 18/19  
400m Girls U 15, 16, 17 & 18/19  
Walk Girls U 14 & U 15  
Walk Boys U 14

### Relays

4 x 100m Boys & Girls U 10, 12, 14, 16 & 18

800mts Sen & Jun Men & Women  
800mts Novice Men & Women  
800m Vets Men O 35, 40 & 45  
800m Ladies O 30

### **Juvenile U 18 & U19 will compete as one competition**

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**U13 may compete in U/14 walks at county championships only**

**Junior athlete is U 17, 18, 19, & 20**

**All Junior athletes can compete in senior events**

**All Junior, Senior & Master athletes must declare which category they wish to wish to compete in before the start of any competition**

### High Jump

Girls U12 - U 17 & U 18/19

### Shot Putt

Girls U10 - U17 & U18/19

### Javelin

Boys u13 - U17 & U18/19

### Turbo Jav

Boys U 10 - U12

### Long jump

Boys U10 - 17 & U18/19

**Day 3 Friday May 25th 2018 @ 6.45pm**

200m Girls & Boys U 8 & U9  
 300m Girls & Boys U10 & U 11

**Hurdles**

60m 2'3" - Girls & Boys U/12  
 60m 2'3" - Girls & Boys U/13  
 75m 2'3" - Girls U/14  
 75m 2'6" -Boys U/14  
 80m 2'6" - Girls U/15 & U/16  
 80m 2'9" - Boys U/15  
 100m 2'9" - Boys U/16  
 100m 2'6" - Girls U/17  
 100m 3'0" - Boys U/17  
 100m 3'0" - Boys U18/19  
 100m 2'6" - Girls U18/19

**Finals will be run before hurdle positions change**

400mts Sen & Jun Men & Women

300m Girls & Boys U12 & U 13  
 1500m Girls U 14 - U17 & U18/19  
 1500m Boys U 14 - U17 & U18/19

3000m Junior Men  
 3000m Senior Men & O40 Men & Team  
 3000m Junior Women  
 3000m Senior Women & O30 Women & Team

**Relays**

4 x 400m Girls & Boys U15 & U17

**High Jump**

Sen & Jun Men & Women

**Javelin**

Sen & Jun Men & Women

**Discus**

Girls U 14 - U17 & U 18/19

**Shot Putt**

Boys U 10 - U 17 & U18/19

**Triple Jump**

Boys U14 - U17 & U18/19  
 Girls U 14 - U17 & U 18/19

**Day 4 Friday June 1st 2018 @ 6.45pm**

5000mts Sen Men & Men O35

**Hurdles**

100m 2'9" - Junior Women  
 100m 2'9" - Sen. Women  
 110m 3'3" - Junior Men  
 110m 3'3" - Sen. Men

200mts Sen & Jun Men & Women

200mts Men O 45/50/55/60/65

Walks Sen & Jun Men & Women

400mH Sen & Jun Men & Women

100mts Sen & Jun Men & Women

100mts Novice Men & Women

100mts Men O35 & O 50

**Relays**

4 x 100 Senior Men & Women

4 x 400 Senior Men & Women

**Long Jump**

Vets Men O 45 & O50  
 Sen & Jun Men & Women

**Shot Putt**

Vets Men O45 & O50  
 Sen & Jun Men & Women

**Triple Jump**

Sen. & Jun. Men

**Discus**

Sen & Jun Men & Women

**Hammer**

Sen & Jun Men & Women  
 Boys U14, U15, U16, U18  
 Girls U14, U15, U16, U18

**Weight for Distance**

Sen & Jun Men & Women  
 Vets Men O50

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